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Aurantii nobilis Pericarpium, 1-5 weight parts of *Glycyrrhizae Radix*, and 1-10 weight parts of *Zingibreis Rhizoma*.

4. The herbal composition according to claim 1, comprising 10-50 weight parts of *Polygoni multiflori Radix*, 1-10 weight parts of *Polygalae Radix*, 1-10 weight parts of *Caryophylli Flos*, 1-10 weight parts of *Zingibreis Rhizoma*, 1-10 weight parts of *Arisaematis Rhizoma*, 1-10 weight parts of *Gastrodiae Rhizoma*, 1-8 weight parts of *Acori Graminei Rhizoma*, 1-10 weight parts of *Curcuma Longae Rhizoma*, 1-8 weight parts of *Folium Phyllostachyos*, 1-8 weight parts of *Bombycis Batryticatus*, 1-8 weight parts of *Fructus immaturus ponciri*, 5-10 weight parts of *Poria*, 1-10 weight parts of *Pinelliae Tuber*, 2-10 weight parts of *Aurantii nobilis Pericarpium*, and 1-5 weight parts of *Glycyrrhizae Radix*.

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10. The herbal composition according to claim 2, wherein the herbal mixture of 10-50 weight parts of *Polygoni multiflori Radix*, 1-15 weight parts of *Gastrodiae Rhizoma*, 1-10 weight parts of *Acori Graminei Rhizoma*, 1-15 weight parts of *Ostericum Koreanum* or *Curcuma Longae Rhizoma*, 1-8 weight parts of *Caulis Phyllostachyos* or *Folium Phyllostachyos*, 1-8 weight parts of *Bombycis Batryticatus*, 1-8 weight parts of *Fructus immaturus ponciri*, 5-20 weight parts of *Poria*, 2-20 weight parts of *Aurantii nobilis Pericarpium*, 1-5 weight parts of *Glycyrrhizae Radix*, and 1-10 weight parts of *Zingibreis Rhizoma* is extracted with water.

11. The herbal composition according to claim 2, wherein the herbal mixture of 10-50 weight parts of *Polygoni multiflori Radix*, 1-15 weight parts of *Gastrodiae Rhizoma*, 1-10 weight parts of *Acori Graminei Rhizoma*, 1-15 weight parts of

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Ostericum Koreanum or *Curcuma Longae Rhizoma*, 1-8 weight parts of *Caulis Phyllostachyos* or *Folium Phyllostachyos*, 1-8 weight parts of *Bombycis Batryticatus*, 1-8 weight parts of *Fructus immaturus ponciri*, 5-20 weight parts of *Poria*, 2-20 weight parts of *Aurantii nobilis Pericarpium*, 1-5 weight parts of *Glycyrrhizae Radix*, and 1-10 weight parts of *Zingibreis Rhizoma* is extracted with ethanol.

12. The herbal composition according to claim 4, wherein the herbal mixture of 10-50 weight parts of *Polygoni multiflori Radix*, 1-10 weight parts of *Polygalae Radix*, 1-10 weight parts of *Caryophylli Flos*, 1-10 weight parts of *Zingibreis Rhizoma*, 1-10 weight parts of *Arisaematis Rhizoma*, 1-10 weight parts of *Gastrodiae Rhizoma*, 1-8 weight parts of *Acori Graminei Rhizoma*, 1-10 weight parts of *Curcuma Longae Rhizoma*, 1-8 weight parts of *Folium Phyllostachyos*, 1-8 weight parts of *Bombycis Batryticatus*, 1-8 weight parts of *Fructus immaturus ponciri*, 5-10 weight parts of *Poria*, 1-10 weight parts of *Pinelliae Tuber*, 2-10 weight parts of *Aurantii nobilis Pericarpium*, and 1-5 weight parts of *Glycyrrhizae Radix* is extracted with water.
13. The herbal composition according to claim 4, wherein the herbal mixture of 10-50 weight parts of *Polygoni multiflori Radix*, 1-10 weight parts of *Polygalae Radix*, 1-10 weight parts of *Caryophylli Flos*, 1-10 weight parts of *Zingibreis Rhizoma*, 1-10 weight parts of *Arisaematis Rhizoma*, 1-10 weight parts of *Gastrodiae Rhizoma*, 1-8 weight parts of *Acori Graminei Rhizoma*, 1-10 weight parts of *Curcuma Longae Rhizoma*, 1-8 weight parts of *Folium Phyllostachyos*, 1-8 weight parts of *Bombycis Batryticatus*, 1-8 weight parts of *Fructus immaturus*

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